

Future Warriors 2024

Girls Basketball Camp

June 18th, 19th, 20th (9:00-12:00)

Join us for this 3-day camp focused on skill development. The camp will be run by high school coaches and players.

Registration includes daily snacks and a T-Shirt.



Who May Attend:

Any girl who will be in 3rd-8th Grade (to start the 2024-2025 school year).

Location:

Philomath High School Gymnasiums
(Main Gym and Aux Gym)

What to Bring:

- Basketball Shoes (Clean)
- Athletic Shorts & T-Shirt
- Water Bottle

Cost:

- \$60 pre-registration (by June 10th); \$75 day of event.
- Make checks payable to PHS Girls Basketball.

Contact:

Please contact Coach Silva with any questions:
ben.silva@philomath.k12.or.us

Skills Emphasized:

- Dribbling
- Shooting
- Passing
- Rebounding
- Defense
- Team Play

**skills will be developmentally and age appropriate with campers divided up by age/skill in each gym.*

Sample Daily Schedule:

9:00am: Warm-ups/Stretching

9:15: Ball Handling/Fundamentals

9:45: Water Break

9:50: Station Work

10:35: Individual Contests

10:55: Water Break

11:00: Fundamental Work

11:30: Team / Individual Contests

11:45: Camp Recognitions / Awards

12:00 Noon: Dismissal

**PHILOMATH SCHOOL DISTRICT ACTIVITY/SPORTS CAMP LIABILITY WAIVER—
IDENTIFICATION FORM—INSURANCE INFORMATION**

The purpose of the warning is to bring to your attention the existence of potential dangers associated with participation in this sports camp or activity. Please read this information carefully and be aware that in signing up and participating in this activity, you will be expressly assuming all the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your child might sustain as a result of participating in any and all activities connected with this activity.

I recognize and acknowledge that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any injuries, damages, or loss, regardless of the activity, that my child or I may sustain as a result of participating in any and all activities connected with or associated with this activity. I further agree to waive and relinquish all claims my child or I may have or accrue to me or my child as a result of participating in this activity against the Philomath School District, Philomath High School or anyone associated with this activity; including the officials, agent affiliates, volunteers, employees and sponsors.

I do hereby fully release and forever discharge the Philomath School District and Philomath High School including their officials, agents, affiliates, volunteers, employees and sponsors of any and all claims of injury, damages or loss that my child or I may have, or which may accrue to me or my child and arising out of, connected with, or in anyway associated with this activity.

I do hereby authorize the instructors of this camp to act on my behalf authorizing any reasonable and necessary medical care, including medicine, for the benefit of that child should the child become ill or injured during the time that the coaches or sponsors are supervising or working with my child during the camp, and if I, or the emergency contact listed below, are unable to be contacted at the listed phone numbers.

CAMP REGISTRATION: Please return this completed form and the registration fee to Coach Silva @ Philomath High School or Philomath Middle School Cost: \$60 if signed up before June 10th; \$75 Day of event. *Make checks payable to PHS Girls Basketball.*

PARTICIPANT INFORMATION

Participant's Name: _____

Date of Birth: _____ Grade: _____

Address: _____

Parent / Guardian Phone #(s): _____

Parent / Guardian Email(s): _____

Emergency Contact / Phone #: _____

MEDICAL INFORMATION

Does this child have any limitations, allergies, or other significant medical conditions?

Yes / N If y If yes, please explain: _____

Primary Doctor's Name and Phone Number: _____

Medical Insurance Program and ID#: _____

Signature: _____ **Date:** _____
(parent or legal guardian)

SHIRT SIZE

(circle one below)

YS **YM** **YL** (adult) **Small** (adult) **Medium** (adult) **Large** (adult) **XL**

Our "default size" for those who do not mark this section is SMALL.
To guarantee a T-Shirt, you must register on or before June 10th.