



PHILOMATH YOUTH ACTIVITIES CLUB

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2017-18 BASKETBALL RULES AND POLICIES

HIGH SCHOOL RULES ARE IN EFFECT WITH THE FOLLOWING EXCEPTIONS:

- 1) A "Junior Size" basketball will be used for all grades.
- 2) Basket height will be 8' for 1/2nd grades and 9' for 3/4th grades.
- 3) Free-Throw Line – 1/2nd Grade: 10 ft. – 3/4th Grade: 12 ft.
- 4) Game time will consist of four 10 minute running clock quarters. The clock shall only stop during time outs or during free throw situations. For 3/4th grade, the last two minutes of the game will be "stop clock" if the score difference is 6 points or less (stopping for out of bounds, free throws, etc.).
- 5) Each team will be allowed 4 time outs per game, with a limit of 2 per half. Time outs will be 30 seconds each.
- 6) Teams shall have a one-minute break between quarters and a three-minute half time.
- 7) If the score is tied at the end of regulation, a one-minute stop clock overtime will be played for grades 3/4th.
- 8) Score will not be kept for the 1/2nd program and there will not be officials. One coach from each team will be allowed on the floor and they will be the referees for the game. The parents will be asked to keep the time for this division.
- 9) Defense shall be man to man type only (1/2nd grade will use wristbands during the season to assist with the development of this principle). No zone defense is allowed. NO TRAPPING or DOUBLE TEAMS (this does not prohibit teams from playing "help side" or helping when a player is beat). Stealing the ball is allowed.
- 10) Guarding in the backcourt shall be illegal at all times. Officials will warn players. If constant, a technical foul will be called and two shots awarded.
- 11) Three-point line shall be used for all leagues.
- 12) There shall be no limit on time in the key.
- 13) If a team falls way behind in the score, the scoreboard may be "frozen" by agreement of both coaches (suggested 15 to 25 points).

POLICIES

Playing Time:

Each player shall play one full quarter. Substitution may occur at any "dead-ball" situation. Please be sure that subbing is done in a timely fashion that does not disrupt the flow of the game. Remember, it is more important to develop good skills and positive teamwork than a winning game record. Unless a player misses practices or is having a discipline issue, they should all play MORE than the minimum.

Game Officials:

The officials for the 3/4th leagues will be a combination of paid officials and volunteers. Many will be first timers. Parents and coaches should never confront an official about a call during the game, especially in front of the players. Talk with the program director, gym supervisor, or official after the contest. We need volunteer and paid officials. Please talk to the Director or Club staff if you are interested.

For more information about any PYAC policies or programs,
Call our office at 929-4040